

TMD Course:

Title: "All TMJ Patients are NUTS, right?: How to evaluate, diagnosis and treat the most common TMJ problems."

TMJ disorders are one of those area where almost every dentist feels uncomfortable. In dental school we didn't get much classroom information, and little or no clinical experience. Our treatments in practice are often hit and miss, without clarity on why sometimes we hit, and other times we miss. In this lecture Dr. Spencer will review the relevant anatomy and discuss simple examination, diagnosis and treatment techniques that will allow you to STUN your next TMJD patients with your understanding of their issues, and allow you to help many more people.

Sleep Course:

Title: "Obstructive Sleep Apnea: Looking beyond the teeth and saving lives!"

Dentists are uniquely positioned among healthcare providers to easily evaluate for signs of obstructive sleep apnea. Oral appliance therapy performed by a qualified dentist can also be an effective treatment, literally saving lives. In this lecture Dr. Spencer will review the basics of normal sleep, snoring and obstructive sleep apnea in adults and children. You will most likely be thinking that YOU and everyone you know must have sleep apnea before he is through! Don't worry though, he will also cover diagnosis and treatment of obstructive sleep apnea, including the dentist's role and appliance selection. If you or someone close to you may have sleep apnea (like your patients) you owe it to yourself and them to take this course and potentially change, or literally save, their lives.